



Running for Mental Health

You are invited to meet

Wayne Cho, a Chinese Canadian long distance runner. Wayne started the 16,000 miles run around the world to raise awareness about mental illness. This journey will take him 3 years, span 4 continents and 22 countries. During this run, he also meets with local NAMI groups, consumers, providers and members of the community.

Wayne is a survivor of child abuse and is in recovery from mental illness. He will share his stories, talk about anxiety and depression and inspire others to achieve what they never thought possible. Find out more about Wayne and his “Love World Run” at

www loveworldrun.com

When: Friday, April 27, 2012 at 10 a.m.

**Where: APCTC Wilshire Center
1310 Wilshire Blvd. LA 90017
(Cross-street: Witmer, two blocks East from Union)**

RSVP: Al Choi (213) 483-3000 ext. 250

Sponsored by:

API Consumer Leadership Council

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